

WELCOME TO MOMENTUM LAB (INTERIM SPASTICITY X SYMPOSIUM)

FEBRUARY 17-18, 2026; SAN JUAN, PUERTO RICO

SPASTICITY

MOMENTUM LAB

SPASTICITY X: MOMENTUM LAB is a dynamic 1.5-day international forum bringing together clinicians, researchers, educators, and industry leaders to advance the science and care of spasticity. Building on the energy of the inaugural 2024 meeting, we're here to challenge ideas, share emerging research, and spark meaningful progress.

Over two days, we'll explore:

- The current and future landscape of spasticity management
- Advances in education and training
- Innovative and sometimes provocative approaches in treatment and research.

This meeting is designed to sharpen our thinking, strengthen collaboration, and inspire practical improvements that elevate care worldwide. With experts joining us from more than a dozen countries, Spasticity X is truly global. ***Your curiosity, experience, and ideas are what drive this momentum.***

Thank you for being part of this effort to push boundaries and reimagine what's possible in spasticity care.



Gerard Francisco, MD

Chair, Spasticity X Steering Committee



AGENDA – DAY 1

TOPIC	SPEAKER(S)	TIME
Brainstorming over Bacon & Bagels (By Invitation Only) An Industry-Academic-Clinical Collaborative Event	Gerard Francisco, MD; Alberto Esquenazi, MD; Rajiv Reaby, MD (Facilitators)	7:00-8:20 AM
Welcome Remarks & Speaker Introduction	Gerard Francisco, MD (Houston)	8:45-9:00 AM
Is Spasticity a Movement Disorder?	Bo Biering-Sorensen, MD (Copenhagen)	9:00-9:20 AM
A Pathophysiology-Based Definition of Spasticity	Sheng Li, MD, PhD (Houston)	9:20-9:40 AM
New Proposed Definition and Terminology for Spasticity	Gerard Francisco, MD (Houston)	9:40-10:00 AM
Q&A	Gerard Francisco, MD (Houston)	10:00-10:10 AM
Break		10:10-10:40 AM
Speaker Introduction	Session Chair: Sheng Li, MD, PhD (Houston)	10:40-10:45 AM
Spasticity and Motor Synergy in Post-Stroke Stiff-Knee Gait	James Sulzer, PhD (Cleveland)	10:45-11:05 AM
Visual Inspection of Spastic Gait	Sheng Li, MD, PhD (Houston)	11:05-11:25 AM
Instrumented Gait Analysis	Alberto Esquenazi, MD (Philadelphia)	11:25-11:45 AM
Neuro-Orthopedic Management of Spastic Knee Gait	Thierry Deltombe, MD (Belgium)	11:45 AM-12:05 PM
Q&A		12:05-12:15 PM
Lunch Symposium (Supported by Ipsen)		12:15-1:30 PM
Transition & Speaker Introduction	Session Chair Rajiv Reaby, MD	1:30-1:35 PM
Assessing Muscle Architecture Through Ultrasonography	Rajiv Reaby, MD (Vancouver)	1:35-1:55 PM
Ultrasonography as a Predictor of Response to Spasticity Interventions	Mirko Filipetti, MD, PhD (Verona, Italy)	1:55-2:15 PM
Lesion Characteristics & Structural Disconnectome Predicting Spasticity	Stephania Spina, MD (Foggia, Italy)	2:15-2:35 PM
Surface EMG for Spasticity: From Established Practice to Advanced Uses	Salvatore Facciorusso, MD (Foggia, Italy)	2:35-2:55 PM
Q&A + Speaker Intro	Session Chair Rajiv Reaby, MD	2:55-3:05 PM
Break		3:05-3:30 PM
Speaker Introduction	Session Chair Alberto Esquenazi, MD	3:30-3:35 PM
Metabolomics & Proteomics in Children with CP Exposed to BoNT-A	Xubo Yang (Guangzhou, China)	3:35-3:55 PM
High-Frequency Electrical Motor Block	Jayme Knutson, PhD (Cleveland)	3:55-4:15 PM
Riluzole for Spasticity in Chronic SCI	Maeve Cotinat, MD (Marseilles, France)	4:15-4:35 PM
Q&A	Session Chair Alberto Esquenazi, MD	4:35-4:45 PM
Summary of Day 1	Gerard Francisco, MD (Houston)	4:45-4:50 PM
Welcome Reception (Supported by TIRR Memorial Hermann)		5:00-6:30 PM

AGENDA – DAY 2

TOPIC	SPEAKER(S)	TIME
Breakfast Symposium (Supported by Merz)		7:00-8:20 AM
Speaker Introduction	Session Chair Thierry Deltombe, MD (Belgium)	8:20-8:30 AM
Invasive Physiotherapy for Spasticity	Pablo Herrera Gallego, PhD (Zaragoza, Spain)	8:30-8:50 AM
Hydrodissection to Optimize Neurolysis	Bo Biering-Sorensen, MD (Copenhagen)	8:50-9:10 AM
Robot-Assisted Therapy for Adults with Spastic Paresis	Salvatore Facciorusso, MD (Foggia, Italy)	9:10-9:30 AM
Unpleasant Sensations in Spasticity & the Modulatory Role of BoNT	Stephania Spina, MD (Foggia, Italy)	9:30-9:50 AM
Botulinum Toxin Type A: Updated Bibliometric Insights	Salvatore Facciorusso, MD (Foggia, Italy)	9:50-10:10 AM
Q&A	Session Chair Thierry Deltombe, MD (Belgium)	10:10-10:20 AM
Break		10:20-10:50 AM
Speaker Introduction	Session Chair Bo Biering-Sorensen, MD	10:50-10:55 AM
Diffusion Profile Differences Among BoNT-A Formulations	Mirko Filipetti, MD, PhD (Verona, Italy)	10:55-11:15 AM
Early Spasticity Treatment & Motor Outcomes: BACLOTOX Trial	Emmeline Montane, MD (Toulouse, France)	11:15-11:35 AM
Factors Influencing Choice of Botulinum Toxin	Gerard Francisco, MD (Houston)	11:35-11:55 AM
Q&A	Session Chair Bo Biering-Sorensen, MD	11:55-12:05 PM
Closing Remarks & Adjournment	Gerard Francisco, MD (Houston)	12:05-12:15 PM

EXCLUSIVE EDUCATIONAL EXPERIENCES POWERED BY OUR SPONSORS

VISIONARY WORKSHOP SPONSOR abbvie

Hands-On Ultrasound Education for Spasticity Management: MUSICA session
(Muscle Ultrasound for Spasticity Intelligent Care)

Wednesday, February 18, 2026

1:00PM – 5:00PM

Join us for an engaging, in-person educational experience focused on advancing your understanding and application of ultrasound in spasticity management. Guided by our expert steering committee, this interactive session will highlight evidence-based approaches, clinical considerations, and practical insights to support informed and confident use of ultrasound in your practice.

Participants will explore real-world scenarios, observe expert techniques, and engage in guided hands-on learning — including the opportunity to practice ultrasound assessment on real spasticity patients — to deepen their clinical knowledge and enhance injection decision-making.

Please note: Space is limited. For the most meaningful educational experience, we recommend participants have at least 2 years of experience injecting botulinum toxin with ultrasound.

Look out for an RSVP message in January so you can secure your spot!

cont.

SPASTICITY

LEADER'S LUNCHEON SPONSOR IPSEN

Developing a Spasticity Treatment Plan: A Case-Based Dialogue

Tuesday, February 17, 2026

12:00PM – 1:00PM

Presenter: Monica Verduzco-Gutierrez, MD – UT Health San Antonio, San Antonio, TX

Presenter: Shivani Gupta, DO – Attending Physician, Advocate Christ Medical Clinic. Chicago, IL

Join us for a dynamic, patient case-based session designed to elevate your understanding of adult spasticity and its treatment. Program will be based on a patient case and includes live model demonstration, audience interaction around muscle selection and discussion of optimal approaches. This is a great opportunity to learn and sharpen skills.

CHAMPION'S BREAKFAST SPONSOR MERZ THERAPEUTICS

Meet LIAM: Elevating Upper Limb Spasticity Training with Precision and Innovation

Wednesday, February 18, 2026

7:00 – 8:00 AM

Presenter: Gerard Francisco, MD

Moderated by expert faculty, this session will feature an interactive tool demonstrating approaches to botulinum toxin injection techniques for upper limb spasticity.

WELCOME RECEPTION SPONSOR TIRR MEMORIAL HERMANN Rehabilitation & Research

Tuesday, February 17, 2026

5:00 – 6:00 PM

Join us for a Welcome Mingle featuring light hors d'oeuvres and drinks as you connect with attendees and industry leaders.

