

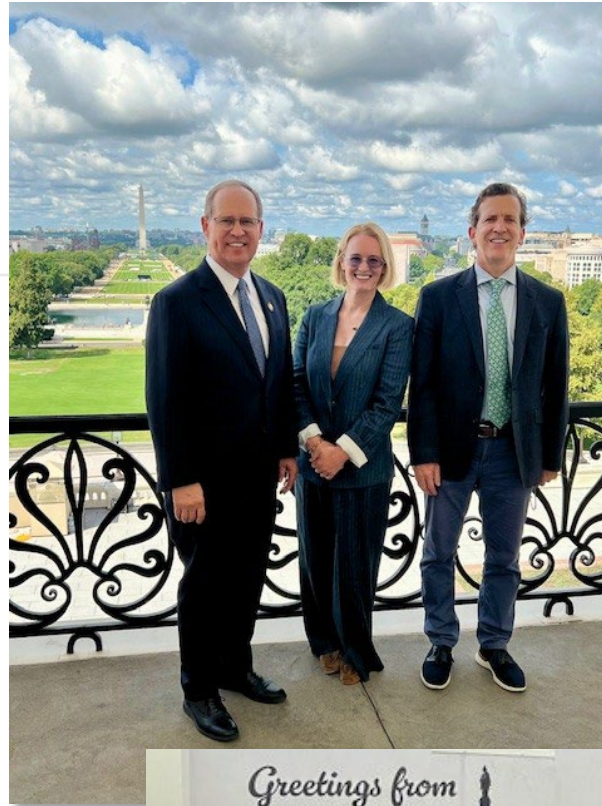
Get to know the

AAP's Advocacy & Public Policy Leadership Program



Agenda

- APPL Workshop Themes
- Program Specifics
- Benefits of Participating
- Q&A



Become a Health Policy Advocate

APPL provides background knowledge and experiences in legislative and regulatory policy to academic faculty to develop skills as health policy leaders. The three-year program is intended for mid-career faculty looking to expand or begin their efforts to become a physician advocate.

Greg Worsowicz, MD, MBA
Senior Associate Consultant in
Physical Medicine and
Rehabilitation (PM&R)
Mayo Clinic Jacksonville, FL
APPL Program Director

Chloe Slocum MD, MPH
Assistant Professor and Associate
Chair for Quality
Department of PM&R Harvard
Medical School
APPL Associate Director



Workshop Themes

Legislative

- Thriving as a Physician Advocate: Developing Your Skills
- The ABCs of Legislative Processes and Advisory Groups
- The Do's and Don'ts of Advocacy & Lobbying
- Getting Your Point(s) Across Effectively: Preparing to Speak to Legislators
- Follow the Money: An Introduction to the Federal Budgeting Process
- Participate in the Fall AAP Capitol Hill in-person visits

Patient Impact

- Engaging the Rehabilitation Provider Landscape: AMA, AAMC, APTA, OPTA, ASHA
- Listen to the Patient: Working with Patient Advocacy Groups
- All Politics is Local: Educating Colleagues & Mapping the Regional Environment
- Building Peer Buy-In: Connecting with Other Physicians and Physician Leaders
- Cultivating Well-Being: Supporting Physician & Staff Wellness through Crisis

Administrative & Regulatory

- A Framework for Administrative & Regulatory Agencies: CMS, NIH, HHS, FDA & NCMRR
- Engaging with the VA & Department of Defense
- Interagency Priorities for Health Equity
- Past, Present, Future: Physician & Allied Health Professions Workforce
- Research Advocacy – Who? How? Why?

Program Details

APPL Tuition

- \$1200 per year
- 1-day APPL Pre-conference Workshop
- AAP Annual Meeting Registration
- Participation in AAP's in-person Capitol Hill visits once during three years
- Online & Virtual experiences throughout the year with peer groups and APPL mentors

Application Requirements

- Be an active member of AAP
- Be a full-time faculty member at an instructor, Assistant Professor, or Associate Professor level
- Minimum 5 years experience post-residency/fellowship
- Demonstrated desire and ability to assume an advocacy and public policy leadership role in the department, institution, or Psychiatry.



Reasons to Apply

Develop the confidence to advocate for Physiatry on the institution, local, state, and national levels.

Become a leader in educating colleagues on important issues and developing connections between co-workers and allied health professionals.

Gain knowledge and skills in the areas of health equity, physician wellness, and working with patient advocacy groups.

Learn to navigate administrative and regulatory agencies and the rehabilitation provider landscape.

Become adept at understanding funding and proposed policy deadlines to maximize the impact of advocacy.

Visit Congressional leaders on Capitol Hill for a hands-on experience advocating for Physiatry and the patients we serve.



Inaugural APPL Class

Derrick	Allred	MD	University of Utah Health
Nethra	Ankam	MD	Sidney Kimmel Medical College at Thomas Jefferson University
Haris	Choudry	MD, MPH	Burke Rehabilitation Institute
Bradford	Landry	DO	Northwell Health
Chrissa	McClellan	MD, MPT	University of Missouri School of Medicine
Clinton	Faulk	MD	East Carolina Brody School of Medicine

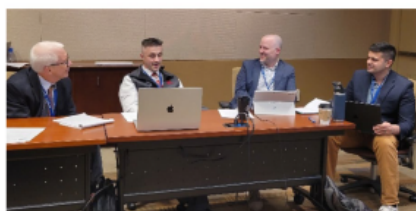


2025 Report

The first cohort of the new AAP Advocacy and Public Policy Leadership Program (APPL) attended a pre-conference workshop on Legislative topics at Physiatry '26. The three-year program, led by Chloe Slocum, MD, MPH, Spaulding Rehabilitation, and Greg Worsowicz, MD, MBA, Mayo Clinic, provides background knowledge and experiences in legislative and regulatory policy to Physiatric academic faculty.

Legislative Workshop Topics

Health Policy & Physiatry; Thriving as a Physician Advocate: Developing Your Skills; The Basics of the Legislative & Budgeting Processes; Building Strategic Coalitions in Rehab; Do's and Don'ts of Lobbying: Preparing to Speak to Legislators



Participant Institutions

- ✓ Burke Rehabilitation Institute, NY
- ✓ East Carolina Brody School of Medicine, NC
- ✓ Northwell Health, NY
- ✓ Sidney Kimmel Medical College at Thomas Jefferson University, PA
- ✓ University of Missouri, MO
- ✓ University of Utah Health, UT

Expert Faculty

- Kate Beller, JD; AMRPA
- Elissa Charbonneau, DO, MS; Encompass Health
- Bruce Gans, MD; Powers Pyles Sutter & Verville PC
- Prakash Jayabalan, MD, PhD; Northwestern/Shirley Ryan AbilityLab
- Mooyeon Oh-Park, MD; Burke Rehabilitation Hospital
- Danielle Perret Karimi, MD; UCI School of Medicine
- Danielle Powell, MD; University of Alabama at Birmingham
- Chris Rorick; Polsinelli
- Felicia Skelton, MD, MS; Baylor College of Medicine
- Chloe Slocum, MD, MPH; Spaulding Rehabilitation/Harvard Medical School
- Ross Zafonte, DO; University of Missouri

Applications for 2026 will open in July 2025. Upcoming workshops will cover topics based on themes of Patient Impact and Administration / Regulatory topics. More information is available on the [AAP website](#).

Questions?



Association of Academic Physiatrists
MENTOR. DISCOVER. LEAD.



Thank you!

For more information



aschnappinger@physiatry.org



physiatry.org/appl