#### ESSENTIAL ARTICLES OF PM&R

#### PEDIATRICS

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#### **Cerebral Palsy**

#### Proposed definition and classification of cerebral palsy.

Bax M, Goldstein M, Rosenbaum P, Leviton A, Paneth N (Executive Committee for the Definition of Cerebral Palsy). Developmental Medicine & Child Neurology 2005;47:571-76.

### Assessment and Treatment of Children with Cerebral palsy.

OrthopClin N Am 2014;45:313-325.

## Changes in muscle activity in children with hemiplegic cerebral palsy while walking with and without ankle-foot orthoses.

Romkes J, Hell AK, Brunner R. Gait & Posture 2006;24(4):467-74.

#### **Pediatric Spasticity**

**Practice parameter: Pharmacologic treatment of spasticity in children and adolescents with cerebral palsy (an evidence-based review).** Neurology 2010;74:336-343.

**Consensus on the appropriate use of intrathecal baclofen (ITB) therapy in pediatric spasticity.** European Journal of Pediatric Neurology 2010;14:19-28.

**Botulinum Toxin A for nonambulatorychildren with cerebral palsy: A double blind randomized controlled trial.** J pediatrics 2014,165:140-146.

**Classification and definition of disorders causing hypertonia in childhood.** Pediatrics 2003;111:89-97.

#### **Juvenile Idiopathic Arthritis**

Juvenile idiopathic arthritis. Pediatrics in Review 2012;33:303-313.

#### Pediatric Brain Injury / Concussion

**Neuropharmacology in pediatric brain injury: A review.** PM&R 2010;2:1127-1140.

### Concussion in the pediatric and adolescent population: "Different Population, Different Concerns"

**PM&R 2011;3:S369-S379.***Effects of concussion on the developing pediatric brain are different from the effects on the older brains. Research suggests that a youth athlete with a concussion should be managed more conservatively than older athletes because of longer recovery times and possible long-term effects on the developing brain and the rare but potentially catastrophic effects of premature return to play.* 

#### **Pediatric Stroke**

**Management of stroke in infants and children: AHA Scientific Statement.** Stroke 2008;39:2644-2691.

**Effect of dynamic orthoses on gait: A retrospective control study in children with hemiplegia.** Van Gestel L, et al. Developmental Medicine and Child Neurology 2008;50(1):63-7.

#### CRPS

### Outcomes of children with complex regional pain syndrome after intensive inpatient rehabilitation.

Brooke V, Janselewitz S. PMR 2012 May;4(5):349-54. doi: 10.1016/j.pmrj.2012.01.014. Epub 2012 Mar 30.

### Lumbar sympathetic blockade in children with complex regional pain syndromes: A double blind placebo-controlled crossover trial.

Meier PM, Zurakowski D, Berde CB, Sethna NF. Anesthesiology 2009 Aug;111(2):372-80. doi: 10.1097/ALN.0b013e3181aaea90.

Noninvasive treatments for pediatric complex regional pain syndrome: a focused review. Katholi BR, Daghstani SS, Banez GA, Brady KK. PMR 2014;6(10):926-33.

#### Spina Bifida

#### Sociodemographic attributes and spina bifida outcomes.

Schechter MS, Liu T, Soe M, Swanson M, Ward E, Thibadeau J. Pediatrics 2015 Apr;135(4):e957-64. doi: 10.1542/peds.2014-2576. Epub 2015 Mar 16.

### The National Spina Bifida Patient Registry: Profile of a large cohort of participants from the first 10 clinics.

Sawin KJ, Liu T, Ward E, Thibadeau J, Schechter MS, Soe MM, Walker W;(NSBPR Coordinating Committee). Collaborators: Brei T, Castillo H, Freeman KA, Joseph D, Sawin K, Smith K, Thomson J, Walker W, Wilson P. J Pediatr 2015 Feb;166(2):444-50.e1. doi: 10.1016/j.jpeds.2014.09.039. Epub 2014 Oct 30.

#### Brachioplexopathy

## Outcome in adolescence of brachial plexus birth palsy. 69 individuals re-examined after 10–20 years.

Hulleberg G, Elvrum AK, Brandal M, Vik T. ActaOrthop 2014 Dec;85(6):633-40. doi: 10.3109/17453674.2014.964614. Epub2014 Sep 19.

### Evaluation of elbow flexion as a predictor of outcome in obstetrical brachial plexus palsy.

Fisher DM, Borschel GH, Curtis CG, Clarke HM. PlastReconstrSurg 2007 Nov;120(6):1585-90.

#### **Spinal Cord Injury**

#### Spinal cord injury in the pediatric population: a systematic review of the literature.

Parent S, Mac-Thiong JM, Roy-Beaudry M, Sosa JF, Labelle H. Spine 2010 Oct 1;35(21 Suppl):S202-8. doi: 10.1097/BRS.0b013e3181f35acb.

#### Spinal cord injury without radiologic abnormality in children: A systematic review and metaanalysis.

Boese CK, Oppermann J, Siewe J, Eysel P, Scheyerer MJ, Lechler P. J Trauma Acute Care Surg 2015 Apr;78(4):874-82. doi: 10.1097/TA.000000000000579.

#### Amputation

#### Pediatric limb differences and amputations.

**Le JT, Scott-wyard PR. Phys Med RehabilClin N Am 2015;26(1):95-108.***Recent review of pediatric limb differences / amputations.Reviews epidemiology, pathophysiology, postamputation complications, and clinical management of congenital and acquired conditions.* 

#### **Upper limb prosthesis use and abandonment: a survey of the last 25 years.** Biddiss EA, Chau TT. ProsthetOrthotInt 2007;31(3):236-57.

DMD

# Diagnosis and management of Duchenne muscular dystrophy, part 1: Diagnosis, and pharmacological and psychosocial management.

**Bushby K, Finkel R, Birnkrant DJ, et al. Lancet Neurol 2010;9(1):77-93.** Expert consensus on management of DMD, this article provides a framework for recognizing the multisystem primary manifestations and secondary complications of DMD and their treatment.

Diagnosis and management of Duchenne muscular dystrophy, part 2: implementation of multidisciplinary care.

**Bushby K, Finkel R, Birnkrant DJ, et al. Lancet Neurol 2010;9(2):177-89.** *Expert consensus on management of DMD, this article provides a framework for provision of multidisciplinary care for this condition, including the importance of PM&R as part of a multidisciplinary team.* 

The 6-minute walk test and other clinical endpoints in duchenne muscular dystrophy: Reliability, concurrent validity, and minimal clinically important differences from a multicenter study.

Mcdonald CM, Henricson EK, Abresch RT, et al. Muscle Nerve 2013;48(3):357-68.

The cooperative international neuromuscular research group Duchenne natural history study: Glucocorticoid treatment preserves clinically meaningful functional milestones and reduces rate of disease progression as measured by manual muscle testing and other commonly used clinical trial outcome measures.

Henricson EK, Abresch RT, Cnaan A, et al. Muscle Nerve 2013;48(1):55-67.

#### SMA

**Consensus statement for standard of care in spinal muscular atrophy. Wang CH, Finkel RS, Bertini ES, et al. J Child Neurol 2007;22(8):1027-49.** *Expert consensus providing a guideline for the management of individuals with spinal muscular atrophy at different levels of functional mobility.*