## **ESSENTIAL ARTICLES OF PM&R**

## **BONE, JOINT, AND CONNECTIVE TISSUE DISORDERS**

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EULAR recommendations for the management of early arthritis: report of a task force of the European standing committee for international clinical studies including therapeutics. Combe B, et al. (ESCISIT). Annals of the Rheumatic Diseases 2007;66:34-46. This article provides a nice overview of Rheumatoid Arthritis.

OARSI recommendations for the management of hip and knee osteoarthritis Part III: changes in evidence following systematic cumulative update of research published through January 2009.

**Zang W. et al. Osteoarthritis and Cartilage 2010;18 (4):476-99.** This article provides a nice overview of Osteoarthritis.

The burden and determinants of neck pain in the general population: results of the bone and joint decade 2000-2010 Task force on neck pain and its associated disorders.

HoggJohnson S, et al. Journal of Manipulative and Physiological Therapeutics 2009;32(2):Supplement 1, S46-S60.

Evidence based recommendations for the role of exercise in the management of osteoarthritis of the hip or knee – the MOVE consensus.

Roddy E, et al. Rheumatology 2005;44(1):67-73.

Systems for implementing best practice for chronic disease: management of osteoarthritis of the hip and knee.

Brand C, et al. Internal Medicine Journal 2006;36(3):170-179.

Care and management of osteoarthritis in adults: summary of NICE guidelines.

Conaghan P, et al. BMJ 2008;336:502-503.

OARSI recommendations for the management of hip and knee osteoarthritis, Part I: Critical appraisal of existing treatment guidelines and systematic review of current research evidence.

Zhang W, et al. Osteoarthritis and Cartilage 2007;15(9):981-1000.

OARSI recommendations for the management of hip and knee osteoarthritis, Part II: OARSI evidence-based, expert consensus guidelines.

Zhang W, et al. Osteoarthritis and Cartilage 2008;16(2):137-162.

Scoliosis: A straight forward approach to diagnosis and management.

Smith JR., Sciubba DM, Samdani AF. JAAPA 2008;21(11):40-5.

EULAR recommendations for the management of rheumatoid arthritis with synthetic and biological disease-modifying antirheumatic drugs: 2013 update.

Smolen JS, Landewe R, Breedveld FC, et al. Ann Rheum Dis 2014;492-509.

EULAR recommendations for the non-pharmacological core management of hip and knee osteoarthritis.

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