

ESSENTIAL ARTICLES OF PM&R

NEURODEGENERATIVE MANAGEMENT

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MS

Randomized Control Trial of physical activity, cognition and walking in multiple sclerosis.
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Physical rehabilitation has a positive effect on -disability in multiple sclerosis patients.

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ALS

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Electrodiagnosis in persons with amyotrophic lateral sclerosis.

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Cognitive Impairment/Dementia

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The effects of exercise training on elderly persons with cognitive impairment and dementia: A meta-analysis.

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Endurance and strength training outcomes on cognitively impaired and cognitively intact older adults: a meta-analysis.

Heyn PC, Johnsons KE, Kramer AF. The Journal of Nutrition Health and Aging 2008;12(6):401-409.

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Parkinson's disease

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