

## ESSENTIAL ARTICLES OF PM&R, 3<sup>rd</sup> EDITION (2015)

### INTRODUCTION

We are proud to bring to you the 2015, 3<sup>rd</sup> edition of the Essential Articles of PM&R. This is a peer-reviewed compilation of articles covering the scope of psychiatric practice. The original articles included publications between 1980 and 2003 by Dr. Gerard Francisco and his team. The second set of articles updated the original version and included publications from 2004 to 2010. This was compiled by Dr. Alex Moroz and his colleagues.

This 3<sup>rd</sup> edition is intended for faculty physicians, private practitioners, resident physicians, and students. In this updated version, we made several modifications that we feel would greatly benefit the user.

1. We introduced 5 new topics that are emerging and pertinent to the psychiatrist. They include: Sports Medicine and Musculoskeletal Ultrasound; Integrative Medicine; PM&R Administration; Rehabilitation Research; and Robotics and Technology.
2. We introduced new articles but also retained pertinent articles from years past that would lend a historical perspective to our modern practice.
3. We have organized the topics into individually separated sections for ease of access. You no longer have to scroll through articles of different topics in order to reach the section that you desire to review.
4. In each section, we have bolded a few articles that we felt were most pertinent for the reader. Each of these bolded articles has a short italicized description of what the article was about.
5. The 3<sup>rd</sup> edition will be available through the Association of Academic Psychiatrists (AAP) electronic learning portal.

This project is the culmination of 8 months of collaboration and sharing between 22 topic experts recognized in the Authors List. My sincere thanks go to each author for your contributions and due diligence, which made this update possible. I also thank the AAP's Residency and Fellowship Program Directors (RFPD) Council for sponsoring the update. It is our intention that the RFPD maintain ownership of the Essential Articles of PM&R and provide the update on a 5 years increment going forward.

My very best regards,

Vu Q. C. Nguyen, MD, MBA  
Chair, Essential Articles of PM&R, 3<sup>rd</sup> Edition, 2015  
Chair, RFPD Council